

Released to the Angels

Discovering the Hidden Gifts of Alzheimer's

Marilynn Garzione

A couple finding moments of joy in the midst of sorrow...

When Marilynn Garzione learns that her beloved husband, Patrick, has Alzheimer's, she struggles to find meaning to the reality they now face. Searching within each day for positive strength, she finds that special moments can still exist despite disease and sadness. *Released to the Angels: Discovering the Hidden Gifts of Alzheimer's* is a touching collection of humorous anecdotes, thoughts, and observations of a devoted couple as they go through the progressive stages of Alzheimer's.

The book follows their journey—a period spanning over thirty years—through which time reveals both the carefree years of life without sickness and the experiences of daily life within the context of a progressive disease. As a devoted caregiver, Marilynn is able to show us the hidden “gifts” of Alzheimer's—remarkable moments of strength, beauty, and humor that characterize her life with Patrick. It is a celebration of living, and focuses on the need for life to go on despite loss.

With the already 5 million Americans living with Alzheimer's and more being diagnosed every 71 seconds, the disease continues to touch many lives. With its positive, up-lifting theme of love and endurance, this inspirational book appeals to primary health caregivers, family members, and those facing personal loss. *Released to the Angels* is a true story that carries with it the message that life, no matter how fragile, still holds joys to be discovered and strengths to be learned.

RELEASED *to the* ANGELS

A Caregiver's Journey

Discovering the
Hidden Gifts
of Alzheimer's

MARILYNN GARZIONE

Released to the Angels
Marilynn Garzione

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